

**WE ARE
MACMILLAN.
CANCER SUPPORT**



**East Suffolk and
North Essex
NHS Foundation Trust**

**Macmillan Cancer Support Centre
within the Cancer Wellbeing Centre**

The Team

- Debbie Farthing Macmillan Information and Support Manager
- Elaine Chinery – Wellbeing Centre Co-ordinator
- The rest of the team are volunteers who fully staff the Information Centre



Services we deliver

Information provision

- Lifestyle
- Emotional well being and Communication
- Practical and Financial
- Macmillan website www.macmillan.org.uk
- Be Macmillan www.be.macmillan.org.uk
- Newly diagnosed pack/app
macmillan.org.uk/diagnosis

We are situated at Colchester General, next to the lake



Feel free to pop in or contact us on 01206 745 347

Practical Support

- Signposting to other agencies who can help support
- Assistance with applications
- Blue badge applications
- Act as an advocate
- Advise with issues regarding return to work

Financial Support

- Macmillan Grants and other charitable funding
- **Free prescriptions**
- Debt management
- Pensions and will service
- Signpost to benefits advice

Emotional Support for patients and carers

- Drop in to the Wellbeing Centre for a cup of tea and a chat.
- Telephone support provided by volunteers, an opportunity to speak openly and honestly.
- Fully trained Macmillan Counsellors
- Workshops

Cancer Wellbeing Centre

Frobisher wigs (monthly)

LGFB

Macmillan Counsellors

HOPE

Support Groups

Helen Rollason Cancer Charity

Enabling quality of life while living with cancer

- Massage and reflexology
- For patients & main carer
- Prioritise – those on treatment
- Trained therapist
- Medical assessment/ supportive of cancer
- Bookings
 - Complete slip – feedback box
 - Via Wellbeing centre
 - Volunteer will contact you re booking

Family Support

- Julie Eke
- Works with
 - children
 - family as a group
 - Provides advice to parents about talking to children
- Referrals via the wellbeing centre